

IDEAL AGE AESTHETICS

look your ideal age without Botox

FACIALS / SKIN CARE

Ideal Age Signature Designer Facial – 60 minutes \$135

Step into the realm of timeless beauty with the Signature Designer Facial—a luxurious experience tailored to rejuvenate and uplift. Embark on a journey to unveil the secrets of youthful radiance!

The Signature Designer Facial features Circadia Skincare for an indulgent experience tailored to your specific skin concerns. This facial includes a double cleanse with hot towels, an exfoliating treatment, extractions, lymph draining facial massage, custom mask, LED Light Therapy, relaxing hand & arm massage, Reiki Body Balancing, and finishing serums and moisturizers.

Ideal Age Ultimate Facial – 90 minutes \$195

Welcome to the epitome of indulgence and rejuvenation with the Ultimate Facial. This transcendent experience is designed to lavish your skin with the finest ingredients and techniques, ensuring an unforgettable journey to radiance!

The Ultimate Facial features Circadia Skincare for an opulent experience designed to your specific skin concerns. This facial includes a double cleanse with hot towels, an exfoliating treatment, extractions, sculpting facial massage, custom mask, LED Light Therapy, relaxing hand & arm massage, Reiki Body Balancing, and finishing serums and moisturizers. Plus, collagen lip treatment, caffeine eye treatment, and hand hydration treatment.

Ideal Age Firming Anti-Aging Facial – 60 minutes \$155

Embark on a journey to uplift and revitalize with our Firming Anti-Aging Facial—a targeted treatment designed to combat the signs of aging, leaving your skin tightened, toned, and radiantly youthful. Let's explore the rejuvenating steps of this specialized facial!

The Firming Anti-Aging Facial features Circadia Skincare for a hydrating and luminous experience designed for your specific skin concerns. This facial includes a results oriented double cleanse with hot towels, exfoliating vitamin C mask, extractions, Hydrating jelly mask, custom serums to fight wrinkles and fine lines, sculpting facial massage, LED Light Therapy, relaxing hand and arm massage, Reiki Body Balancing, and finishing moisturizers to protect the skin.

Ideal Age Express Facial – 30 minutes \$50

Step into the world of instant rejuvenation with the Express Facial—a quick yet effective 30-minute escape to refresh and revitalize your skin. Perfect for those on the go, this express treatment provides a swift dose of pampering and renewal.

Let's explore the key elements of this efficient and revitalizing facial!

The Express Facial features Circadia Skincare and starts with a gentle double cleanse under steam, toner, liquid exfoliation, serum, brief facial massage, moisturizer, and sun protection.

Ideal Age Dermaplane Facial – 60 minutes \$145

Save on a series: Buy 5 get 6th free! Dermaplane can be performed every 2 weeks

Indulge in the exquisite experience of a Dermaplane Facial—a sophisticated and rejuvenating treatment designed to reveal smoother, radiant skin. Let's delve into the steps of this pampering session!

This facial features Circadia Skincare and includes a gentle double cleanse to remove all impurities. Next, a gentle exfoliation using a sterile surgical-grade scalpel used to scrape away the dead skin and vellus hair from the face. Next an enzyme mask, hydrating mask, and targeted serums to address specific skincare concerns. Finally, a sculpting facial massage, LED Light Therapy, relaxing hand and arm massage, Reiki Body Balancing, and finishing moisturizers to protect the skin.

The Dermaplane Facial is a transformative experience, providing immediate results by unveiling a smoother, more radiant complexion. With this treatment, say goodbye to dull skin and hello to a revitalized, luminous glow. Are you ready to experience the luxury of dermaplaning?

Ideal Age Back Facial – 75 minutes \$95

Escape into relaxation and rejuvenation with the Back Facial—a specialized treatment designed to cleanse, exfoliate, and nourish the often-neglected skin on your back. Explore the steps of this indulgent and therapeutic experience!

The Back Facial features Circadia and Aveda Skincare. First a thorough cleansing with steam to open the pores. Next, gentle exfoliation to slough off dead skin. This is crucial for promoting a smooth, clear complexion on the back. Extractions will take care of stubborn blackheads or whiteheads. A purifying and soothing mask will be applied based on skin concerns. You will relax with a rejuvenating back and hand massage and Reiki Body Balancing, finishing off with moisturizer.

The Back Facial is not just a skincare treatment; it's a holistic experience aimed at promoting skin health and relaxation. Perfect for those seeking clarity and renewal in an often-overlooked area, this treatment will leave your back feeling refreshed, rejuvenated, and ready to face the world. Are you ready to treat your back to a spa-worthy experience?

Ideal Age Gua Sha Facial – 90 minutes \$150

The Gua Sha Facial is not only a skincare treatment but also a holistic experience that combines ancient wisdom with modern skincare. By promoting natural healing processes, this facial leaves your skin looking revitalized, sculpted, and radiantly healthy.

The Gua Sha Facial features Circadia Skin Care starting with a double cleanse, hot towels, exfoliating vitamin C mask, extractions, Hydrating jelly mask, custom serums to fight wrinkles and fine lines, Gua Sha sculpting facial massage, LED Light Therapy, relaxing hand and arm massage, Reiki Body Balancing, and finishing moisturizers to protect the skin.

Are you ready to experience the rejuvenating touch of Gua Sha?

**Ideal Age Microneedling Treatment – 90 minutes \$250
(Add Neck: \$50, Add Decollate \$50)**

Microneedling is renowned for its ability to improve the appearance of fine lines, wrinkles, scars, and overall skin texture. As the skin heals, it becomes firmer, smoother, and more radiant, making microneedling a versatile and effective treatment for various skincare concerns. Are you ready to unveil a rejuvenated and revitalized complexion?

Treatment will start with a cleanse of the face, then a numbing cream is put on the skin to limit any discomfort felt during the procedure. Afterward, a hyaluronic and vitamin C solution is applied to the area you wish to treat. The microneedling pen is then pressed lightly on your skin and brushed over the entire area.

Post Care Instructions: You will receive detailed post-care instructions, including information on skincare routines, avoiding certain products, and minimizing sun exposure. Following these guidelines ensures optimal healing and long-term benefits.

20 minutes prior to start of appointment needed for numbing

Expert Guidance and Homecare Plan

With every service, expert skin analysis and recommendation for a personal homecare routine is discussed to ensure the longevity of the facial treatment effects. I will guide you on maintaining and enhancing the results between treatments.

Upgrades

Hand Hydration Treatment \$15

Exfoliating Collagen Lip Treatment \$15

Rose Quartz Eye Treatment \$15

Extra Extractions (15 Minutes) \$15

Gua Sha Facial Lymphatic Drainage (15 Minutes) \$30

Custom Jelly Mask \$30

Glycolic or Salicylic Peel \$55

Organic Pumpkin Enzyme Mask \$55

Neck, Chest, and Décolleté Peel \$60

Dermaplaning \$65

High Frequency Treatment \$20 for 15 minutes

Microdermabrasion \$25

For Your Health:

Health Disclaimer: I will not perform The Ideal Age Ultimate Facial on pregnant women or guests who are using Retin A, Accutane, Avage, Tazorac, Differin, or any other medication that compromises the skin. The Ideal Age Ultimate Facial also cannot be performed on people who have recently had laser, plastic surgery or a sun burn.

Any cancellation or reschedule made less than 24 hours will result in a cancellation fee.